

Do you have a parent back in India who has health conditions and you are trying to help care for them?



OPPORTUNITY FOR REMOTE CAREGIVERS OF OLDER ADULTS LIVING IN INDIA

OBJECTIVE

The objective of this UWM IRB approved (IRB#25.154) study is to evaluate an easy to use computer app - my Healing Ecosystem for Self-care and Therapeutic Integration for the Aging (myHESTIA) - for remote caregivers in the U.S. and older adults living in India who has multiple chronic conditions.

ELIGIBILITY

- Caregivers must be legal U.S. residents
- Care-receivers (older adults age>60) must be living in India
- Care receivers must be older adults with multiple chronic conditions living in India.
- Both caregivers and care-receivers must have a mobile phone , ipad or some kind of computing device and should be able to read and understand English.
- Chronic conditions can be major conditions such as diabetes, heart disease or conditions such as chronic headache, constipation etc

EXPECTATIONS

Participants will use the program daily for 4 weeks and also participate in a virtual interview at the end of the study. We will provide training and help all through the time you are using the program.

READY TO JOIN?

Caregivers: Check your eligibility by filling out the screening form and if you are ready read and sign the consent



Older adults in India: Check your eligibility by filling out the screening form and if you are ready read and sign the consent



This is a paid study

QUESTIONS?

Email - show your camera to the QRcode



**UWM IRB approved
(IRB#25.154)**

The principal investigator of this study is Dr. Priya Nambisan who is a U.S. Fulbright Scholar for 2024-2025. Call 414-251-5217 or Email nambisap@uwm.edu for any questions regarding this study.